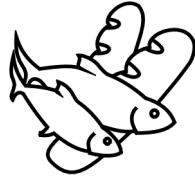


# WE'RE HERE TO HELP

## RICHMOND



## FOOD BANK

The Richmond Food Bank is here to help Richmond residents in need, including people with low/no income and people in crises

### **Grocery Help is available on any one of these days:**

**Tuesdays** from **1 pm – 2pm**

at **11571 Daniels Road**

**Wednesdays** from **11 am – 1 pm**

at **5800 Cedarbridge Way**

**Thursdays** from **11 am – 1 pm** and **6 pm – 7 pm**

at **5800 Cedarbridge Way**

Bring **personal ID** for each member of the household and a **recently dated letter** showing your Richmond address

### **More than just food:**

**Healthy snacks** for children

**Play. Learn. Get Ready for School!** for preschool-age children

**Community Information**

**Nutritious recipe demonstrations**

**RICHMOND FOOD BANK SOCIETY**

**Phone:** 604-271-5609

**E-mail:** [info@richmondfoodbank.org](mailto:info@richmondfoodbank.org)

**Website:** [www.richmondfoodbank.org](http://www.richmondfoodbank.org)

*a caring community sharing with neighbours in need*